

Shadow Health will undergo maintenance starting on Saturday, April 4th at 12:00 AM CST until Saturday, April 4th at 9:00 AM CST. During this time Shadow Health may be inaccessible.

Skin, Hair, and Nails Results | Turned In

Health Assessment - Fall 2021, NUR 220

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Your Results

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Overview

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Experience Overview

Patient: Tina Jones



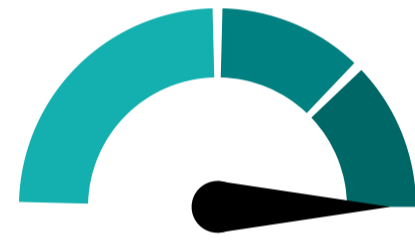
Digital Clinical Experience Score

100%

This score measures your performance on the Student Performance Index in relation to other students in comparable academic programs. Your instructor has chosen to scale your Student Performance Index score so that the average score on the index is a 80.0%. This score may not be your final grade if your instructor chooses to include additional components, such as documentation or time spent.

Student Performance Index

47 out of 47



Proficiency Level: **Proficient**

Beginning **Developing** **Proficient**

Students rated as “proficient” demonstrate entry-level expertise in nursing competencies and clinical reasoning skills. In comparable nursing programs, the top 25% of students perform at the level of a proficient nurse.

Subjective Data Collection
23 out of 23

Objective Data Collection
24 out of 24

Time

48 minutes total spent in assignment

Interaction with patient

48 minutes

Comments

If your instructor provides individual feedback on this assignment, it will appear here.



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Transcript

Started: Oct 22, 2021 | Total Time: 48 min

All Lines (102)

Interview Questions (35)

Statements (0)

Exam Actions (67)



Hello!

Question

10/22/21 4:19 AM EDT



Hi. I'm Preceptor Diana. I will explain the details of this assignment and your objectives, just as a preceptor would in real life. **Pay close attention to this information as it will help guide your exam.** At the end of this prebrief, you will **answer a short question about the upcoming assignment.** During the simulation, you may **return to these instructions at any time** by scrolling to the top of your transcript.



What is the situation?

Question

10/22/21 4:22 AM EDT



It's 4 p.m. on Tina Jones' second day as a patient here at Shadow General Hospital. In anticipation of Ms. Jones being discharged from the hospital, your role in this simulation is that of a healthcare provider who will **assess her skin, hair, and nails** for any additional wounds or signs of impaired healing.



What are my objectives in this assessment?

Question

10/22/21 4:23 AM EDT



In your interview with Ms. Jones, you will **gather subjective data by asking about her skin, hair, and nails.** These features, which help make up the integumentary system, are often an indicator of overall health. If you discover any disease states, **ask about symptoms and the patient's experiences of them.** Your questioning should cover a broad array of the symptoms' characteristics. You will also **inquire into the health history of Ms. Jones' family with regards to skin, hair, and nails** so you can determine her genetic predisposition to any diseases. Regardless of whether you have assessed Tina previously, **ask all questions that are medically relevant to her hair, skin, and nails.** In addition to collecting subjective data, you will also **examine Ms. Jones' skin, hair, and nails to gather objective data.** While you should **communicate with patients using accessible, everyday language,** it is standard practice to **use professional medical terminology everywhere else, such as in documenting physical findings and nursing notes.** You may complete the exam activities in any order and move between them as needed.



What else will this exam involve?

Question

10/22/21 4:23 AM EDT



You will **complete nursing tasks to protect the patients safety, privacy, and health**. You can **document your findings, including vital signs**, in the Electronic Health Record. This record provides necessary information for healthcare professionals who will continue patient care. Activities other than Subjective and Objective Data Collection, such as Documentation and Education and Empathy, provide valuable practice for their real-world counterparts. However, they are not automatically graded by the simulation.



How will I be evaluated?



In this assignment, **you will be evaluated on your Subjective and Objective Data Collection**. The evaluation of your interview is dependent on how you **word your questions therapeutically and precisely** and **explore all relevant topics with comprehensive breadth and depth**. The evaluation of your physical exam is based on how successfully you **report on your physical findings by selecting among clinical terms in the Electronic Health Record**. This assignment takes on average **between 50 and 70 minutes**. You can **pause and resume the assignment at any time**; your work is always saved automatically.



How does this assignment prepare me for the real world?



In this assessment, you will become familiarized with the structure and content of skin, hair, and nail exams so that with real-life patients, you can: ° **ask effective and comprehensive questions** ° **use therapeutic language** ° **evaluate the patient's risk of disease, infection, injury, and complications** ° and **obtain and assess objective data**.



In 1 or 2 sentences, answer this question to help prepare for the upcoming exam: What effect might a patient's diabetes have on their skin?



in case a patient has diabetes, the skin will appear dry



Time to begin.



hey, My name is Madina



Hey.



What brings you today



Um, I've been here a couple nights now, for my foot.



do you have a slow healing wound



Usually I heal up fine. . . I'm really surprised this scrape has taken so long to get better. But being in the hospital has helped it.



any history of skin conditions



No, unless acne counts. I suppose my dry skin counts, too.



do you have any skin dryness



Yeah, the skin on my arms and legs gets dry.



do you have acne



Yeah, my skin breaks out a lot. . . it is right now.



any treatment for acne



I went to a doctor in high school for my acne, and she gave me antibiotics, I think. I also tried some prescription creams, but nothing really seemed to work.



where do you have acne



My face breaks out a lot. . . and sometimes my back does, too.



any moles



I have some moles, yeah.



any mole changes



I haven't noticed anything different about them.



what is your mole appearance



I don't know. . . they're just regular moles.



where are you moles located



I think most of my moles are on my back.



any change in skin color



Yeah, I was noticing recently that the skin on my neck is looking weird. . . it's definitely getting darker.



any neck skin sensation



It's. . . well, it's definitely been getting darker, but it doesn't hurt or feel weird or anything, it just looks different.



any neck skin change onset (Clarified to Has the skin around your neck changed?.)



Yeah, I guess the skin on my neck has been looking kind of weird. (Clarified to if the skin on my neck has changed.)



any neck skin change onset (Clarified to Has the skin around your neck changed?.)



Yeah, I guess the skin on my neck has been looking kind of weird. (Clarified to if the skin on my neck has changed.)



any onset of skin change (No matching questions found.)



what is your skin change onset



It hasn't really changed, no. I've pretty much always had acne, it feels like.



what is your body hair onset



It seems like I have more hair all over, like on my face and belly. This is kind of embarrassing, but there's more around my nipples, too.



what is your skin change onset



It hasn't really changed, no. I've pretty much always had acne, it feels like.



what was the last time your skin was assessed (No matching questions found.)



when did you experience skin change (Clarified to When did your skin begin to change?.)



My skin's pretty much been breaking out since middle school. . . though it did kind of stop for a while a few years ago, and then it started again. (Clarified to when my skin started to change.)



when did your body hair begin to change



I've had at least some hair there for a really long time, but it seems like it gets worse and worse every year.



when did your neck skin begin to change



I only noticed the skin getting darker pretty recently, like in the last few months. But then I saw some photos of myself from a few years ago and it was getting darker then, so I guess it's been that way for a while without my realizing it.



any hair and scalp problems



No, I think my scalp and head hair are pretty normal.



how are your nails



I haven't had any problems with my nails.



any tanning and sun exposure



I don't go in the sun much, but if I'm going to be outside in the summer or something I almost always wear sun block.



any related medical conditions



Well, I have diabetes -- I think that can affect your skin sometimes, but don't quote me.



any family history of hair problems



I don't think so.



any family history of skin conditions



I don't think anyone in the family has skin problems.



Checked vitals



Palpated scalp: No tenderness reported, no masses



Inspected hairline and top scalp



Inspected left side of head



Inspected hair on back of head



Inspected right side of head



Inspected hairline and top scalp



Inspected general face



Inspected nose and mouth



Inspected left side of head



Inspected general face



Inspected right side of head



Inspected right orbital area and sclera



Inspected left orbital area and sclera



Inspected upper conjunctiva



Inspected lower conjunctiva



Inspected front of neck



Inspected anterior chest wall



Inspected anterior chest wall



Inspected left side of chest wall



Inspected anterior chest wall



Inspected right side of chest wall



Inspected left side of abdomen



Inspected front of abdomen



Inspected left arm



Inspected right arm



Inspected left elbow



Inspected right elbow



Inspected left hand



Inspected right hand



Checked capillary refill in fingernails



Checked capillary refill in fingernails



Checked capillary refill in fingernails



Checked capillary refill in fingernails



Checked capillary refill in fingernails



Checked capillary refill in fingernails



Checked capillary refill in fingernails



Checked capillary refill in fingernails



Inspected upper back



Inspected mole closely



Inspected right shoulder



Inspected upper back



Inspected left shoulder



Inspected back



Inspected sacrum closely



Inspected back



Inspected front of hips



Inspected left side of hips



Inspected front of hips



Inspected right side of hips



Inspected front of legs



Inspected left leg



Inspected front of legs



Inspected right leg



Inspected front of knees



Inspected left knee



Inspected back of knees



Inspected right knee



Inspected front of knees



Inspected right knee



Inspected back of knees



Inspected left ankle



Inspected front of ankles



Inspected right ankle



Inspected front of ankles



Inspected left ankle



Tested skin turgor on forearm

Comments

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Subjective Data Collection: 23 of 23 (100.0%)

Hover To Reveal...

Hover over the **Patient Data** items below to reveal important information, including **Pro Tips** and **Example Questions**.

○ Indicates an item that you found.

○ Indicates an item that is available to be found.

Category

Scored Items

Patient Data

Not Scored

Experts selected these topics as essential components of a strong, thorough interview with this patient.

A combination of open and closed questions will yield better patient data. The following details are facts of the patient's case.

Relevant Medical History

Asked about foot wound

○ Reports swelling has improved

○ Reports wound warmth has improved

○ Reports wound discharge has improved

○ Reports wound is still a little red

Asked history of slow healing wounds

○ Denies history of slow healing wounds

Asked current wound healing time

○ Reports wound had been getting worse over the past week

○ Reports wound has improved with hospital treatment

Asked about history of skin conditions

○ Reports acne

○ Reports dry skin

○ Denies skin cancer

○ Denies skin rashes

○ Denies sores other than foot wound

○ Reports skin has only itched due to cat exposure

○ Denies bruising

Followed up on skin dryness

Reports arms and legs get dry

Reports using lotion

Followed up on acne

Reports having acne since m

Reports current acne

Reports acne had been dorr

Asked about acne treatment

Reports last seeing a doctor

Reports doctor prescribed ar

Reports antibiotic for acne w

Reports antibiotics were ineff

Reports only current treatme

Reports washing her face ev

Asked acne location

Reports acne is located on h

Reports acne is located on h

Asked if patient has moles

Reports moles

Asked about mole changes

Denies mole changes

Asked about mole appearance

Reports moles are "just regul

Asked about mole location

Reports moles are located or

Asked about changes in skin color

Reports folds in neck are get

Asked about neck skin sensation

Denies itchy neck skin

Denies neck skin tingling

Denies neck skin pain

Reports belief that neck skin

Asked about neck skin change onset

Reports a photograph from y
darkening skin

Reports perceiving that skin '
few months

Asked about changes in body hair

Reports increase in body hair

Reports increased hair on fac

Reports increased hair on ab

Reports increased hair aroun

Asked about body hair onset

Reports body hair has been i

Review of Systems

Asked about hair and scalp problems

Denies scalp problems

Denies problems with head h

Denies dandruff

Asked about nails

Denies change in character c

Denies nail fungus

Asked about tanning and sun exposure

Denies tanning

Reports using sun block

Reports sun block is SPF 35

Asked about related medical conditions

Reports diabetes

Relevant Family History

Asked family history of hair problems

Denies family history of hair p

Asked family history of skin conditions

Denies family history of skin c

Denies family history of skin c

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Objective Data Collection: 24 of 24 (100%)

- Correct Incorrect
 Partially correct Missed

Palpated scalp

1 of 1 point

Tenderness (1/2 point)

- None reported
 Tenderness reported

Observations (1/2 point)

- No additional abnormal findings
 Palpable masses

Inspected hair

1 of 1 point

Distribution (1/3 point)

- No visible abnormal findings
 Balding or thinning areas in hair distribution

Texture (1/3 point)

- Coarse
 Fine

Scalp Observations (1/3 point)

- No visible abnormal findings
 Dandruff
 Discoloration

Inspected face

1 of 1 point

Appearance (1/2 point)

- No visible abnormal findings
 Redness
 Rash
 Acne (papules, pustules, or comedones)
 Moles or skin tags
 Masses (warts, cysts, or tumors)
 Freckles, birthmark, melasma, or other discoloration
 Excessive hair growth
 Excessive dry or flaking skin
 Scarring
 Laceration or wound
 Bruising

Location Of Observed Abnormal Findings (1/2 point)

- No additional abnormal findings
 Forehead
 Nose
 Cheeks
 Chin
 Upper lip

Inspected orbital area and eyelids

1 of 1 point

Right: Eyebrow (1/6 point)

- Normal hair distribution
- Irregular hair distribution

Right: Eyelid (1/6 point)

- No visible abnormal findings
- Ptosis
- Eyelid edema
- Lesion
- Allergic shiners

Left: Eyelashes (1/6 point)

- Normal hair distribution
- Irregular hair distribution

Right: Eyelashes (1/6 point)

- Normal hair distribution
- Irregular hair distribution

Left: Eyebrow (1/6 point)

- Normal hair distribution
- Irregular hair distribution

Left: Eyelid (1/6 point)

- No visible abnormal findings
- Ptosis
- Eyelid edema
- Lesion
- Allergic shiners

Inspected neck**Appearance (1/1 point)**

- No visible abnormal findings
- Swelling
- Visible pulsation
- Visible mass
- Discoloration

Inspected anterior chest**Symmetry (1/2 point)**

- Symmetric
- Asymmetric

Appearance (1/2 point)

- No visible abnormal findings
- Redness
- Rash
- Moles or skin tags
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Striae
- Laceration, lesion, or wound
- Bruising
- Scarring

Inspected abdomen**Appearance (1/1 point)**

- No visible abnormal findings
- Rash
- Moles or skin tags
- Freckles, birthmark, or other discoloration
- Excessive hair growth
- Excessive dry or flaking skin
- Purpura
- Striae
- Scarring
- Laceration, lesion, or wound
- Bruising
- Masses (warts, cysts, or tumors)

Inspected arms**Right: Appearance (1/2 point)**

- No visible abnormal findings

Left: Appearance (1/2 point)

- No visible abnormal findings

- Redness
- Rash
- Moles or skin tags
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Striae
- Scarring
- Laceration, lesion, or wound
- Bruising

- Redness
- Rash
- Moles or skin tags
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Striae
- Scarring
- Laceration, lesion, or wound
- Bruising

Inspected elbows

Right: Appearance (1/2 point)

- No visible abnormal findings
- Redness
- Rash
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising

Left: Appearance (1/2 point)

- No visible abnormal findings
- Redness
- Rash
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising

Inspected hands

Right: Appearance (1/2 point)

- No visible abnormal findings
- Redness
- Moles or skin tags
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising
- Rash

Left: Appearance (1/2 point)

- No visible abnormal findings
- Redness
- Moles or skin tags
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising
- Rash

Inspected fingernails

Right: Nail Changes (1/3 point)

- No visible abnormal findings
- Pallor
- Cyanosis
- Reperfusion
- Splinter hemorrhages
- Grooves
- Fungus
- Peeling
- Clubbing
- Spooning

Capillary Refill Time (1/3 point)

- Less than 3 seconds
- Greater than 3 seconds

Left: Nail Changes (1/3 point)

- No visible abnormal findings
- Pallor
- Cyanosis
- Reperfusion
- Splinter hemorrhages
- Grooves
- Fungus
- Peeling
- Clubbing
- Spooning

Inspected back and shoulders

Appearance (1/2 point)

- No visible abnormal findings

Location Of Abnormal Findings (1/2 point)

- Right shoulder

- Redness
 - Rash
 - Moles or skin tags
 - Freckles, birthmark, or other discoloration
 - Excessive dry or flaking skin
 - Purpura
 - Striae
 - Scarring
 - Laceration, lesion, or wound
 - Bruising
- Left shoulder

Inspected sacrum

Appearance (1/1 point)

- No visible abnormal findings
- Lesions or pressure sores
- Redness
- Rash
- Moles or skin tags
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration or wound
- Bruising

Inspected hips

Appearance (1/1 point)

- No visible abnormal findings
- Redness
- Rash
- Moles or skin tags
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Striae
- Scarring
- Laceration, lesion, or wound
- Bruising

Inspected legs

Right: Appearance (1/2 point)

- No visible abnormal findings
- Edema
- Redness
- Rash
- Moles
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Striae
- Scarring
- Laceration, lesion, or wound
- Bruising
- Varicosities

Left: Appearance (1/2 point)

- No visible abnormal findings
- Edema
- Redness
- Rash
- Moles
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Striae
- Scarring
- Laceration, lesion, or wound
- Bruising
- Varicosities

Inspected knees

Right: Appearance (1/2 point)

- No visible abnormal findings
- Edema
- Redness
- Rash
- Moles
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising

Left: Appearance (1/2 point)

- No visible abnormal findings
- Edema
- Redness
- Rash
- Moles
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising

Inspected ankles**Right: Appearance (1/2 point)**

- No visible abnormal findings
- Edema
- Redness
- Rash
- Moles
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising

Left: Appearance (1/2 point)

- No visible abnormal findings
- Edema
- Redness
- Rash
- Moles
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Excessive dry or flaking skin
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising

Inspected feet**Right: Appearance (1/2 point)**

- No visible abnormal findings
- Rash
- Moles
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising
- Bunion
- Callus or corn
- Skin fungus

Left: Appearance (1/2 point)

- No visible abnormal findings
- Rash
- Moles
- Masses (warts, cysts, or tumors)
- Freckles, birthmark, or other discoloration
- Purpura
- Scarring
- Laceration, lesion, or wound
- Bruising
- Bunion
- Callus or corn
- Skin fungus

Inspected toenails**Right: Nail Changes (1/3 point)**

- No visible abnormal findings
- Pallor
- Cyanosis
- Reperfusion
- Splinter hemorrhages
- Grooves
- Fungus
- Peeling
- Clubbing

Capillary Refill Time (1/3 point)

- Less than 3 seconds
- Greater than 3 seconds

Left: Nail Changes (1/3 point)

- No visible abnormal findings
- Pallor
- Cyanosis
- Reperfusion
- Splinter hemorrhages
- Grooves
- Fungus
- Peeling
- Clubbing

Assessed wound location

Injured Surface (1/2 point)

- Dorsal
- Plantar

Injury Site (1/2 point)

- Hindfoot
- Midfoot
- Forefoot

Assessed wound exudate

Character (1/1 point)

- No exudate
- Bloody
- Serosanguineous
- Serous
- Purulent
- Foul purulent (yellow or green, with odor)

Assessed for necrotic tissue

Observations (1/2 point)

- Absent
- Minimal
- Moderate
- Excessive

Type (1/2 point)

- No necrotic tissue
- Yellow slough
- Brown eschar
- Black eschar

Assessed peripheral tissue

Color (1/2 point)

- No notable color difference
- Pink
- Purple
- Red

Observations (1/2 point)

- No additional observations
- Edema
- Cellulitis
- Callus
- Tracking

Tested skin turgor

Observations (1/1 point)

- No tenting
- Tenting

Comments

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