

Shadow Health will undergo maintenance starting on Saturday, April 4th at 12:00 AM CST until Saturday, April 4th at 9:00 AM CST. During this time Shadow Health may be inaccessible.

Abdominal Results | Turned In

Health Assessment - Fall 2021, NUR 220

[Return to Assignment \(/assignments/538826/\)](/assignments/538826/)



Your Results

[Lab Pass \(/assignment_attempts/11109599/lab_pass.pdf\)](/assignment_attempts/11109599/lab_pass.pdf)

Overview

[Transcript](#)

[Subjective Data Collection](#)

[Objective Data Collection](#)

[Documentation](#)

Experience Overview

Patient: Tina Jones



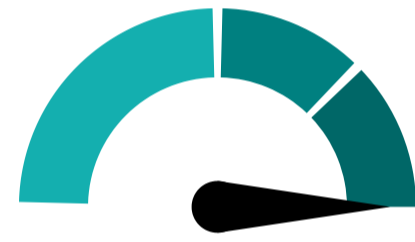
Digital Clinical Experience Score

100%

This score measures your performance on the Student Performance Index in relation to other students in comparable academic programs. Your instructor has chosen to scale your Student Performance Index score so that the average score on the index is a 80.0%. This score may not be your final grade if your instructor chooses to include additional components, such as documentation or time spent.

Student Performance Index

36 out of 36



Proficiency Level: **Proficient**

Beginning **Developing** **Proficient**

Students rated as “proficient” demonstrate entry-level expertise in nursing competencies and clinical reasoning skills. In comparable nursing programs, the top 25% of students perform at the level of a proficient nurse.

Subjective Data Collection
24 out of 24

Objective Data Collection
12 out of 12

Time

20 minutes total spent in assignment

Interaction with patient

20 minutes

Comments

If your instructor provides individual feedback on this assignment, it will appear here.



About Shadow Health (<https://evolve.elsevier.com/education/simulations/shadow-health/>)

Terms and Conditions (<https://www.elsevier.com/legal/elsevier-website-terms-and-conditions/elsevier-terms-and-conditions-for-personal-use>)

Privacy Policy (<https://www.elsevier.com/legal/privacy-policy>)

Support and Contact (https://service.elsevier.com/app/answers/detail/a_id/34675/supporthub/shadow-health/)

Patents (</static/patents>)

RELX™

<https://www.relx.com>

Cookies are used by this site. [Cookie Settings](#).

Copyright © 2026 Elsevier Inc., its licensors, and contributors. All rights are reserved, including those for text and data mining, AI training, and similar technologies.

Shadow Health will undergo maintenance starting on Saturday, April 4th at 12:00 AM CST until Saturday, April 4th at 9:00 AM CST. During this time Shadow Health may be inaccessible.

Abdominal Results | Turned In

Health Assessment - Fall 2021, NUR 220

[Return to Assignment \(/assignments/538826/\)](/assignments/538826/)



Your Results

Lab Pass (/assignment_attempts/11109599/lab_pass.pdf)

[Overview](#)

[Transcript](#)

[Subjective Data Collection](#)

[Objective Data Collection](#)

[Documentation](#)

Transcript

Started: Nov 10, 2021 | Total Time: 20 min

All Lines (72)

Interview Questions (40)

Statements (0)

Exam Actions (32)



Hello!

Question

11/10/21 7:08 AM EST



Hi. I'm Preceptor Diana. I will explain the details of this assignment and your objectives, just as a preceptor would in real life. **Pay close attention to this information as it will help guide your exam.** At the end of this prebrief, you will **answer a short question about the upcoming assignment.** During the simulation, you may **return to these instructions at any time** by scrolling to the top of your transcript.



What is the situation?

Question

11/10/21 7:16 AM EST



It's 8 p.m. on Tina Jones' first day as a patient here at Shadow General Hospital. Your role in this simulation is that of a healthcare provider who will **perform a full abdominal exam on Ms. Jones.** She's spent the whole day in bed, so you will want to **determine whether she has full abdominal function and if bed rest has impacted her gastrointestinal health.**



What are my objectives in this assessment?

Question

11/10/21 8:55 AM EST



In your interview with Ms. Jones, you will **ask about her inputs and outputs (I's and O's) and the overall health of her abdominal system** so that you can identify any issues and document findings accurately. If you discover any disease states, **ask about symptoms and the patient's experiences of them.** Your questioning should cover a broad array of the symptoms' characteristics. You will also **inquire into the health history of Ms. Jones' family with regards to the abdominal system** so you can determine her genetic predisposition to any diseases. Regardless of whether you have assessed Tina previously, **ask all questions that are medically relevant to her abdominal system.** In addition to collecting subjective data, you will **perform a physical exam on Ms. Jones' abdominal system** to gather objective data about the system's health and physiology. While you should **communicate with patients using accessible, everyday language,** it is standard practice to **use professional medical terminology everywhere else, such as in documenting physical findings and nursing notes.** You may complete the exam activities in any order and move between them as needed.



What else will this exam involve?

Question

11/10/21 8:55 AM EST



You will **complete nursing tasks to protect the patients safety, privacy, and health**. You can **document your findings, including vital signs**, in the Electronic Health Record. This record provides necessary information for healthcare professionals who will continue patient care. Activities other than Subjective and Objective Data Collection, such as Documentation and Education and Empathy, provide valuable practice for their real-world counterparts. However, they are not automatically graded by the simulation.



How will I be evaluated?



In this assignment, **you will be evaluated on your Subjective and Objective Data Collection**. The evaluation of your interview is dependent on how you **word your questions therapeutically and precisely** and **explore all relevant topics with comprehensive breadth and depth**. The evaluation of your physical exam is based on how successfully you **report on your physical findings by selecting among clinical terms in the Electronic Health Record**. This assignment takes on average **between 35 and 50 minutes**. You can **pause and resume the assignment at any time**; your work is always saved automatically.



How does this assignment prepare me for the real world?



In this assessment, you will become familiarized with the structure and content of abdominal exams so that with real-life patients, you can: ° **ask effective and comprehensive questions** ° **use therapeutic language** ° **evaluate the patient's risk of disease, infection, injury, and complications** ° and **obtain and assess objective data**.



hey



Time to begin.



hey



Hey.



what brings you in today



I feel like I've said this a bunch, but I scraped my foot last week and it got, like, infected. The pain was really killing me when I came here last night.



how is your stomach



It's fine.



any typical bowel habits (Clarified to What are your typical bowel habits?.)



I don't go every day. I go every two days, maybe. (Clarified to what my typical bowel habits are.)



any constipation



No, I'm not having any problems with that.



any diarrhea



No.



how is your stool



It's normal, I think. Not hard, and not too, uh, soft or anything.



any gassiness



No.



any nausea



No, I haven't felt nauseous.



any vomiting



No, I don't feel sick at all.



any food intolerance



I can eat just about anything.



any appetite change



I've definitely been eating a lot more lately.



any GERD and heartburn



No.



any urinary problem



No, I can pee fine.



what is your frequency of urination



I've been noticing I've been having to pee a lot more recently, but I think that's just because I'm drinking more water than normal.



duration of increased urination (Clarified to Are you urinating more than usual?.)



Yeah, I have to use the restroom a lot. (Clarified to if I am urinating more frequently.)



how is your urination



I just have to pee a lot, but it's not really a problem.



character of urine (Clarified to What does your urine look like?.)



Um, light yellow or almost clear? The regular color. (Clarified to what my urine looks like.)



Checked vitals



Inspected left side of abdomen



any fluid intake



Yeah, I actually have been thirstier lately.



any typical meals (Clarified to What is a typical meal for you?.)



Oh, we try to make something easy. We eat a lot of frozen chicken breasts. We do hamburgers that we make at home every so often. We make sure we have a vegetable, and we eat a lot of potatoes. And we usually have rolls or something. (Clarified to what a typical meal is.)



frequency and duration of urination (No matching questions found.)



any increased urination



Yeah, I have to use the restroom a lot.



what is frequency of urination (Clarified to How frequently are you taking Tums?.)



No, I'm not taking anything for my stomach. It's fine. (Clarified to how often I take Tums.)



how often do you urinate



I don't know. Every hour or two when I'm awake?



any tobacco use



No. I think it's gross.



any alcohol intake



Very rarely.



any illicit drugs



Yeah, in high school and a little after that I smoked pot sometimes. But I haven't done anything like that in a long time.



any additional stomach bowels (Clarified to Do you have any additional stomach or bowel problems?.)



I don't think so. I've lost a little weight, if that's related. (Clarified to if I have any additional stomach or bowel problems.)



any weight change



Well, I think I've lost some weight this month. [AUDIO COMING SOON]



how are organs of the gastrointestinal system (Clarified to How are your gastrointestinal organs?.)



I guess fine . . . I wouldn't know how to tell, though. [AUDIO COMING SOON] (Clarified to how my gastrointestinal organs are.)



any weight change



Well, I think I've lost some weight this month. [AUDIO COMING SOON]



have you lost weight



Well, I think I've lost some weight this month. [AUDIO COMING SOON]



how is your weight change (Clarified to How has your weight changed?.)



Well, in the past month I've lost some weight. . . I'd say about ten pounds, maybe. (Clarified to how my weight has changed.)



any family history of gastrointestinal issues



No, not that I know of.



any family history of colon cancer



Um, Grandpa Jones died of colon cancer.



Auscultated right upper quadrant



Auscultated left upper quadrant



Auscultated right lower quadrant



Auscultated left lower quadrant



Auscultated aorta in abdomen



Auscultated right renal artery



Auscultated left renal artery



Auscultated right Iliac artery



Auscultated left Iliac artery



Auscultated left femoral artery



Auscultated right femoral artery



Percussed right upper quadrant



Percussed left upper quadrant



Percussed right lower quadrant



Percussed left lower quadrant



Percussed left flank for CVA tenderness



Percussed right flank for CVA tenderness



Percussed for liver span: 7 cm in the mid-clavicular line



Palpated right upper quadrant with light pressure: No tenderness reported; no masses, guarding, or distension



Palpated left upper quadrant with light pressure: No tenderness reported; no masses, guarding, or distension



Palpated right lower quadrant with light pressure: No tenderness reported; no masses, guarding, or distension



Palpated left lower quadrant with light pressure: No tenderness reported; no masses, guarding, or distension



Palpated right upper quadrant with deep pressure: No masses



Palpated left upper quadrant with deep pressure: No masses



Palpated right lower quadrant: with deep pressure: No masses



Palpated left lower quadrant with deep pressure: No masses



Palpated liver: Palpable 1 cm below right costal margin



Palpated for spleen: Not palpable



Palpated for right kidney: Not palpable



Palpated for left kidney: Not palpable

Comments

If your instructor provides individual feedback on this assignment, it will appear here.



About Shadow Health (<https://evolve.elsevier.com/education/simulations/shadow-health/>)

Terms and Conditions (<https://www.elsevier.com/legal/elsevier-website-terms-and-conditions/elsevier-terms-and-conditions-for-personal-use>) (<https://www.relx.com>)

Privacy Policy (<https://www.elsevier.com/legal/privacy-policy>)

Accessibility (https://service.elsevier.com/app/answers/detail/a_id/34675/supporthub/shadow-health/)

Support and Contact (<https://service.elsevier.com/app/home/supporthub/shadow-health/>) Patents (</static/patents>)

Cookies are used by this site. [Cookie Settings](#).

Copyright © 2026 Elsevier Inc., its licensors, and contributors. All rights are reserved, including those for text and data mining, AI training, and similar technologies.

Shadow Health will undergo maintenance starting on Saturday, April 4th at 12:00 AM CST until Saturday, April 4th at 9:00 AM CST. During this time Shadow Health may be inaccessible.

Abdominal Results | Turned In

Health Assessment - Fall 2021, NUR 220

[Return to Assignment \(/assignments/538826/\)](/assignments/538826/)



Your Results

Lab Pass (/assignment_attempts/11109599/lab_pass.pdf)

[Overview](#)

[Transcript](#)

[Subjective Data Collection](#)

[Objective Data Collection](#)

[Documentation](#)

Subjective Data Collection: 24 of 24 (100.0%)

Hover To Reveal...

Hover over the **Patient Data** items below to reveal important information, including **Pro Tips** and **Example Questions**.

◦ Indicates an item that you found.

◦ Indicates an item that is available to be found.

Category

Scored Items

Patient Data

Not Scored

Experts selected these topics as essential components of a strong, thorough interview with this patient.

A combination of open and closed questions will yield better patient data. The following details are facts of the patient's case.

Relevant Medical History

Asked about current stomach and bowels

◦ Denies current abdominal issues

Asked about typical bowel habits

◦ Reports a bowel movement every two days

◦ Reports last bowel movement was yesterday morning

Asked about constipation

◦ Denies constipation

◦ Denies hard stools

◦ Denies straining during bowel movement

Asked about diarrhea

◦ Denies diarrhea

Followed up on stool characteristics

◦ Reports stool is formed

◦ Reports color is medium-brown

◦ Denies blood in stool

◦ Denies mucus in stool

Asked about gassiness

◦ Denies excessive gassiness

◦ Denies bloating

- | | |
|--|---|
| <input type="checkbox"/> Asked about nausea | ◦ Denies nausea |
| <input type="checkbox"/> Asked about vomiting | ◦ Denies vomiting |
| <input type="checkbox"/> Asked about food intolerance | ◦ Denies food intolerance |
| <input type="checkbox"/> Asked about appetite changes | ◦ Reports recent increase in ap
◦ Reports appetite increase sta |
| <input type="checkbox"/> Asked about GERD and heartburn | ◦ Denies heartburn
◦ Denies chest pain
◦ Denies history of GERD |
| <input type="checkbox"/> Asked about urinary problems | ◦ Reports increased urination
◦ Reports waking up to urinate
◦ Denies incontinence
◦ Denies painful or difficult urin |
| <input type="checkbox"/> Asked frequency and duration of increased urination | ◦ Reports urinating every hour
◦ Reports waking up to pee mo
◦ Reports frequent urination sta |
| <input type="checkbox"/> Asked about character of urine | ◦ Reports urine is light yellow c
◦ Denies blood in urine
◦ Denies abnormal odor to urin |
| <input type="checkbox"/> Asked about fluid intake | ◦ Reports increased water inta
◦ Reports increased thirst |
| <input type="checkbox"/> Asked about typical meals | ◦ Reports typical breakfast is c
◦ Reports typical lunch is a sar
◦ Reports typical dinner is chic potatoes, and bread
◦ Reports typical snack is pret: or chips |

Risk Factors

- | | |
|---|--|
| <input type="checkbox"/> Asked about tobacco use | ◦ Denies tobacco use
◦ Denies vaping |
| <input type="checkbox"/> Asked about alcohol intake | ◦ Reports last alcoholic drink v
◦ Reports no more than 2 or 3 sitting
◦ Reports no more than 1 or 2 alcohol |
| <input type="checkbox"/> Asked about illicit drugs | ◦ Reports history of smoking re |

Review of Systems

- | | |
|--|--|
| <input type="checkbox"/> Asked about additional stomach and bowels | ◦ Reports recent weight loss
◦ Denies excessive burping
◦ Denies difficulty swallowing
◦ Denies rectal bleeding |
|--|--|

Denies ulcers

Followed up on weight change

Reports losing about 10 lbs

Asked about organs of the gastrointestinal system

Denies history of gall bladder

Denies history of pancreas p

Denies history of liver proble

Denies history of kidney prok

Denies history of bladder pro

Family History

Asked family history of gastrointestinal issues

Denies family history of bowe

Denies family history of liver

Asked family history of colon cancer

Reports paternal grandfather

Comments

If your instructor provides individual feedback on this assignment, it will appear here.



About Shadow Health (<https://evolve.elsevier.com/education/simulations/shadow-health/>)

Terms and Conditions (<https://www.elsevier.com/legal/elsevier-website-terms-and-conditions/elsevier-terms-and-conditions-for-personal->

Privacy Policy (<https://www.elsevier.com/legal/privacy-policy>)

Liability (https://service.elsevier.com/app/answers/detail/a_id/34675/supporthub/shadow-health/)

Support and Contact (<https://service.elsevier.com/app/home/supporthub/shadow-health/>) Patents (</static/patents>)



(<https://www.relx.co>)

Cookies are used by this site. [Cookie Settings](#).

Copyright © 2026 Elsevier Inc., its licensors, and contributors. All rights are reserved, including those for text and data mining, AI training, and similar technologies.

Shadow Health will undergo maintenance starting on Saturday, April 4th at 12:00 AM CST until Saturday, April 4th at 9:00 AM CST. During this time Shadow Health may be inaccessible.

Abdominal Results | Turned In

Health Assessment - Fall 2021, NUR 220

[Return to Assignment \(/assignments/538826/\)](/assignments/538826/)



Your Results

Lab Pass (/assignment_attempts/11109599/lab_pass.pdf)

[Overview](#)

[Transcript](#)

[Subjective Data Collection](#)

[Objective Data Collection](#)

[Documentation](#)

Objective Data Collection: 12 of 12 (100%)

- | | |
|--|------------------------------------|
| <input type="checkbox"/> Correct | <input type="checkbox"/> Incorrect |
| <input type="checkbox"/> Partially correct | <input type="checkbox"/> Missed |

Inspected abdomen

1 of 1 point

Symmetry (1/3 point)

- Symmetric
- Asymmetric

Contour (1/3 point)

- Flat
- Rounded
- Protuberant
- Hollowed

Appearance (1/3 point)

- No visible abnormal findings
- Rash
- Striae
- Bulging around umbilicus
- Distension
- Visible masses (warts, cysts, or tumors)
- Freckles, birthmarks, or moles
- Excessive hair growth
- Scarring
- Laceration, lesion or wound
- Bruising
- Redness
- Jaundice
- Prominent veins

Auscultated bowel sounds

1 of 1 point

Sounds (1/2 point)

- Absent
- Hypoactive
- Normoactive
- Hyperactive

Location Of Non Normoactive Bowel Sounds (1/2 point)

- All quadrants normoactive
- Right upper quadrant
- Right lower quadrant
- Left upper quadrant
- Left lower quadrant

Auscultated abdominal aorta

1 of 1 point

Sound (1/1 point)

- No bruit
- Bruit

Auscultated abdominal arteries**Right: Renal (1/6 point)**

- No bruit
- Bruit

Right: Femoral (1/6 point)

- No bruit
- Bruit

Left: Iliac (1/6 point)

- No bruit
- Bruit

Right: Iliac (1/6 point)

- No bruit
- Bruit

Left: Renal (1/6 point)

- No bruit
- Bruit

Left: Femoral (1/6 point)

- No bruit
- Bruit

Percussed abdomen**Observations (1/1 point)**

- All areas tympanic
- Some areas dull, some tympanic
- Some areas resonant

Percussed CVA tenderness**Patient Reaction (1/1 point)**

- Did not react
- Pain reaction

Percussed for liver span**Size (1/1 point)**

- Smaller than 6 cm
- Between 6 and 12 cm
- Greater than 12 cm

Palpated abdomen - light**Tenderness (1/3 point)**

- None reported
- Tenderness reported

Location Of Tenderness (1/3 point)

- No quadrants tender
- Right upper quadrant
- Right lower quadrant
- Left upper quadrant
- Left lower quadrant

Observations (1/3 point)

- No additional observations
- Masses
- Guarding
- Distension

Palpated abdomen - deep**Presence Of Unexpected Mass (1/2 point)**

- No palpable mass
- Palpable mass

Location Of Mass (1/2 point)

- No palpable mass
- Right upper quadrant
- Right lower quadrant
- Left upper quadrant
- Left lower quadrant
- Around umbilicus

Palpated liver

Detection (1/1 point)

- Not palpable
- Palpable

Palpated spleen

Detection (1/1 point)

- Not palpable
- Palpable

Palpated kidneys

Right (1/2 point)

- Not palpable
- Palpable

Left (1/2 point)

- Not palpable
- Palpable

Comments

If your instructor provides individual feedback on this assignment, it will appear here.



<https://www.elsevier.com/>

About Shadow Health (<https://evolve.elsevier.com/education/simulations/shadow-health/>)

Terms and Conditions (<https://www.elsevier.com/legal/elsevier-website-terms-and-conditions/elsevier-terms-and-conditions-for-personal-use>)

Privacy Policy (<https://www.elsevier.com/legal/privacy-policy>)

Accessibility (https://service.elsevier.com/app/answers/detail/a_id/34675/supporthub/shadow-health/)

Support and Contact (<https://service.elsevier.com/app/home/supporthub/shadow-health/>)

Patents (</static/patents>)

RELX™

<https://www.relx.com/>

Cookies are used by this site. [Cookie Settings](#).

Copyright © 2026 Elsevier Inc., its licensors, and contributors. All rights are reserved, including those for text and data mining, AI training, and similar technologies.