

Shadow Health will undergo maintenance starting on Saturday, April 4th at 12:00 AM CST until Saturday, April 4th at 9:00 AM CST. During this time Shadow Health may be inaccessible.

Focused Exam: Gestational Diabetes Results | Completed

Maternal Child Health Nursing - Maternal Health - Fall 2022, NUR 410A

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Subjective Notes

Student Documentation

Subjective

Jennifer Wu is a mother of advanced maternal age, is newly diagnosed with gestational diabetes. The client reports being diagnosed with gestational diabetes. She has come for a routine checkup. Reports taking prenatal vitamin. Denies any preexisting medical condition or hospitalizations. Denies also having seasonal allergies, food, latex or medication allergies. The client reports having some knowledge of gestational diabetes and understands the related risk factors.

Model Documentation

Jennifer Wu is a 41-year-old Chinese American pregnant woman at 27 weeks gestation who presented with new-onset gestational diabetes. Ms. Wu came to the clinic for a routine check-up and was diagnosed after failing a glucose tolerance test. The patient denies experiencing any symptoms related to gestational diabetes.

Ms. Wu has no preexisting medical conditions or previous hospitalizations. Patient had one miscarriage five years prior. She is allergic to latex and has seasonal allergies. No allergies to medication or food.

Ms. Wu's typical diet is eggs and toast for breakfast, soup and a sandwich for lunch, and protein, rice, and vegetables for dinner. Her typical snack is yogurt and granola. She works full-time as an editor for a women's health magazine, and said that her work environment is fast-paced and can be stressful. She attends group exercise classes 2-3 times a week. Denies alcohol, tobacco, or illicit drug use.

Patient had some knowledge of gestational diabetes and was educated on risk factors, including being of advanced maternal age. I provided Ms. Wu with education on gestational diabetes management, including information about carbohydrate counting and glucose monitoring.

Objective Notes

Student Documentation

Objective

The client denies any past history of gestational diabetes. She also denies the partner's history of gestational diabetes. Denies sperm donor's family history of diabetes. She reports increased irritability and stress. She reports having stress due to new diagnosis. She reports having mild joint pain and mild back pain. Her vitals are normal. Upper extremities have no visible abnormal findings. Lower extremities have edema. The fetal heart rate measurement is within normal range. The breath sounds are clear in all areas and there are no extra sounds. The fetus also has a regular heart rate and rhythm. The client has a normal glucose level and no protein present in urine.

Model Documentation

Ms. Wu is normothermic, with a normal respiratory rate, heart rate, and O2 saturation. Her blood pressure was normotensive, at 118/74. She presents with right and left edema, symmetric bilaterally. Fundal height is average for 27 weeks gestation. Fetal presentation is breech, position is posterior. Fetal heart rate is within normal ranges. Breath sounds are clear in all areas, no adventitious sounds. S1 and S2 audible in heart sounds, with no extra sounds and regular rate and rhythm. Blood glucose was within normal ranges. Protein is not present in urine.

Comments

If your instructor provides individual feedback on this assignment, it will appear here.



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